

# EVALUATION OF PAST ACTIVITIES

## Community Benefit

Over the past three years, Carson Valley Medical Center has invested in improving the health of our community's most vulnerable populations. Our commitment to this goal is reflected in:

- Over \$11 million community benefit that includes uncompensated care, and community health improvement initiatives.

Our work also reflects a focus on community health improvement, as described below.

## Addressing Significant Health Needs

Carson Valley Medical Center conducted its last CHNA in 2019 and reviewed the health priorities identified through that assessment. Taking into account the top-identified needs — as well as hospital resources and overall alignment with the hospital's mission, goals and strategic priorities — it was determined at that time that Carson Valley Medical Center would focus on developing and/or supporting strategies and initiatives to improve:

- Mental Health
- Substance Abuse
- Nutrition, Physical Activity and Weight
- Cancer

Strategies for addressing these needs were outlined in Carson Valley Medical Center's Strategic Plan. Pursuant to IRS requirements, the following sections provide an evaluation of the impact of the actions taken by Carson Valley Medical Center to address these significant health needs in our community.



## Evaluation of Impact

Priority Area: Mental Health	
Community Health Need	Improve access to mental health services
Goal(s)	<ul style="list-style-type: none"> <li>Expand mental health services for the Carson Valley</li> </ul>

Strategy 1: Open Outpatient Behavioral Health department at CVMC.	
Strategy Was Implemented?	Yes
Target Population(s)	Carson Valley residents
Partnering Organization(s)	Not partners in the service, but we work closely with Douglas County Mental Health Services and Suicide Prevention network in our delivery of mental health care to our community.
Results/Impact	<ul style="list-style-type: none"> <li>Average monthly visits for outpatient behavioral health have increased from 231/month in 2019 (the year we opened) to over 400/month</li> </ul>

Priority Area: Substance Abuse	
Community Health Need	Partner and support with organizations whose mission is to address substance abuse in our community.
Goal(s)	<ul style="list-style-type: none"> <li>.CVMC continues to provide support to the Partnership of Community Resources.</li> </ul>

Priority Area: Nutrition, Physical Activity & Weight	
Community Health Need	Improve access to resources to assist community with issues relating to nutrition, physical activity, and weight.
Goal(s)	<ul style="list-style-type: none"> <li>Improve engagement with community on topics surrounding nutrition, physical activity and weight.</li> </ul>



### Strategy 1: Increase outpatient nutritional counseling services at CVMC.

Strategy Was Implemented?	Yes
Target Population(s)	Carson Valley residents of all ages.
Partnering Organization(s)	
Results/Impact	<ul style="list-style-type: none"> <li>In 2019, on average we had 84 outpatient nutritional counseling appointments per month. By the end of 2021, this has increased by 96% to an average of 189 visits per month.</li> </ul>

### Strategy 2: Continue and Expand Stay Hydrated, Carson Valley campaign

Strategy Was Implemented?	Yes
Target Population(s)	Carson Valley Residents of All Ages
Partnering Organization(s)	Internal: External: Carson Valley Chamber of Commerce, Carson Valley Food Closet, Douglas County School District, Douglas County Community Services
Results/Impact	<ul style="list-style-type: none"> <li>Attend over 90 events each year with our hydration station.</li> </ul>

### Priority Area: Cancer

Community Health Need	Cancer treatment and support
Goal(s)	<ul style="list-style-type: none"> <li>Increase services to diagnose and treat cancer</li> </ul>

### Strategy 1: Open CVMC Cancer Care Clinic

Strategy Was Implemented?	Yes
Target Population(s)	Patients diagnosed with cancer.
Partnering Organization(s)	Internal: External:
Results/Impact	<ul style="list-style-type: none"> <li>Opened the clinic in 2021 with Dr. Chang; first year averaged 56 visits a month; in the second year this grew to 104 per month.</li> </ul>

